**Orientation to Dementia**

To promote awareness and understanding of dementia, since 1995, Tsao Foundation and HMTA have created public education campaigns and developed training programmes targeted at health professionals and caregivers. Caring for an older person with dementia is a challenging task hence it is vital to educate and train caregivers involved.

This interactive workshop aims to provide an introduction to some of the fundamental issues of ageing, dementia and caregiving. Through this course, participants will understand the stages, signs and symptoms of dementia.

**Workshop Objectives:**

After the completion of this training session, you will be able to:
- Explain what Dementia is.
- Recognize the signs and symptoms of Dementia.
- Describe how Dementia is caused.
- List the most common types of Dementia.
- Describe the impact Dementia can have on the person.
- Identify the impact Dementia can have in terms of caring for clients.

**Course Outline:**

1. The experiential activity stimulating the reality and experience of a person with dementia
2. Debrief for experiential activity
3. Orientation to Dementia
4. Summary and Q and A

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**Course Details**

**Title:**
Orientation to Dementia

**Date:** To be confirmed

**Duration:** 3 hours

**Fee:**
- Full Fee
  $107 (Inclusive of GST)
- With NSA Funding *
  (For Singaporeans & PRs aged 50 and up)
  $27 (Inclusive of GST)

**Venue:**
Tsao Foundation
298 Tiong Bahru Road #15-01
Central Plaza Singapore 168730

**Registration:**
To register, please contact:
Fabian at 6593 9547,
fabianchong@tsaofoundation.org

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*For more information on National Silver Academy (NSA), please visit [www.nsa.org.sg](http://www.nsa.org.sg).

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**About Hua Mei Training Academy**

Tsao Foundation set up Hua Mei Training Academy (HMTA) in 1995 with the aim to promote successful ageing, provide education and skills development in elder care, and foster inter-generational understanding and relationships.

It pursues its mission through its continuous effort to develop and provide a portfolio of trainings in successful ageing. It is the first Continuing Education and Training (CET) Centre in Community and Social Services (Senior Services) sub-sector under the Ministry of Manpower’s Workforce Development Agency (WDA). Our approach has always been “by practitioners for practitioners” and “by practitioners for individuals and community” to support positive ageing in the community.