

The Tsao Foundation strives to help older persons realise opportunities in longevity by being a catalyst for constructive systemic and mindset change. This mission is undertaken through four synergistic core initiatives:

- **Community for Successful Ageing (ComSA)** takes a community-wide approach to forge an integrated system of comprehensive programmes and services with the aim to promote health and wellbeing over the life course, and to enable ageing in place.
- **Hua Mei Centre for Successful Ageing (HMCSA)** which enables ageing-in-place by pioneering replicable, community based, integrated health and psychosocial age care service models grounded in person-centered principles
- **Hua Mei Training Academy (HMTA)**, dedicated to capacity building in professional community-based age care, informal and family caregiving, as well as personal development and community action in successful ageing through providing practitioner-driven training, education and consultancy services
- **International Longevity Centre Singapore (ILC)** which supports policy, practice, advocacy and community development through initiating high impact research and collaborative platforms in population ageing issues and related action

Established in 1993, the Tsao Foundation is a Singapore-registered charity with IPCs (Institutions of a Public Character) and engaged in the global response to longevity.

## Research Fellow (18 months Contract)

Reporting to the Project Director, your main role is to lead, manage and conduct the evaluation of a multidisciplinary diabetes education programme. The programme, called 'SCOPE-DM' (or Self-Care on Health for Older Persons with Diabetes), is led by diabetes educator nurses who are also trained in motivational interviewing skills. The aim of the programme is to help community-dwelling older persons living with type II diabetes mellitus to make lifestyle modifications based on self-motivations and aspirations. Your role, as a researcher, is to evaluate the effectiveness of the programme on self-efficacy, diabetes self-activities ability, health-related quality of life (HRQoL), diabetes knowledge, medication adherence, and other clinical outcomes (e.g. HbA1C) amongst its participants.

## Responsibilities

- To work closely with our ILC - Collaborations & Community Development team and other relevant stakeholders in conducting evaluation of SCOPE DM programme
- To edit the original version of research proposal according to a newly proposed research design; and to submit changes for ethics review
- To train volunteers, surveyors and/or research assistant(s) on administering questionnaires to the programme participants
- To collect data, both quantitative and qualitative, according to timeline stated in the research proposal
- To analyse data using relevant research software (e.g., SPSS or STATA or R for quantitative data; Nvivo or ATLAS.ti for qualitative data)
- To write reports according to funder's requirements, as well as articles for academic publications
- To present findings to funder, internal stakeholders at Tsao Foundation and other relevant stakeholders

## **Requirements**

- Possess a PhD in public health, psychology, health services or other health-related disciplines OR a second upper class Master's degree in the same areas with research experience in health services evaluation
- Experience in doing health services evaluation
- Experience in doing mixed methods studies will be desirable
- Research or clinical data entry experience is desirable
- Strong in quantitative research methodologies. Qualitative and mixed-methods research skills will be desirable
- Good project management skills
- Able to communicate fluently in both English and Chinese (as programme is run in Chinese)
- Able to read Chinese (as questionnaire is administered in Chinese or dialects such as Hokkien and Cantonese)
- Good academic writing skills
- Ability to adhere to tight timeline

## **Work Location**

298 Tiong Bahru Road  
#15-01/06 Central Plaza  
Singapore 168730

Interested applicants, please email your resume, current and expected salaries to:  
[hr@tsaofoundation.org](mailto:hr@tsaofoundation.org).

We regret that only shortlisted candidates will be notified.