

RUMAH WHAMPOA EATS

ELDERS AND
TEENS SHARING

**Cooking
with
Auntie
Wong**

Students:

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The Smaller Parts of Our Histories

Our history does not just comprise our big moments or setbacks. It is all around us. It is our way of life, how we travel and even what we eat. Food is capable of connecting us more than anything else so here is a simple recipe to remind us of our way of life in the past.

Growing up with many siblings, Auntie Wong had to learn to take responsibility from a young age. She had to learn to cook and take care of her siblings. She also helped to prepare food and washed dishes at her parents' store. She would wash the dishes until her hands wrinkled and was often tired when she got home, but she persevered for the sake of her family.





Auntie Wong is an active member of the Whampoa community and often participates in events and outings. She also joins the monthly ComSA BIG SWING meetings.

She keeps an active lifestyle by exercising regularly and practising Taichi every Thursday. Auntie Wong still cooks for her family and occasionally shares food with her neighbours too. She takes care of the local stray cats and feeds at least 10 of them with biscuits and canned food on an almost daily basis. Auntie Wong and her family have even taken some stray cats to the vet to seek medical attention.

We can see how caring Auntie Wong is! She still takes care of her daughters and even the neighbourhood cats just like she did for her siblings in the past.