

RUMAH WHAMPOA EATS

ELDERS AND
TEENS SHARING

**Cooking
with
Auntie
Helen**

Students:

Karthik
Swetha
Lois

Auntie Helen

When we interviewed Auntie Helen, our opinions on the elderly changed. We realised how close-minded we were when we thought the elderly had boring and mundane lives. We realised how we should not take the elderly for granted and how we experienced different childhoods.

Tau Kwa was very dear to Auntie Helen's heart. She learnt it from her mother when she was just 10 years old! At 10 years old, our eyes were glued to the TV screen while our mothers slaved away in the kitchen making dinner for us. Now, we realised how we should have been



helping our mothers in the kitchen and learning how to cook.

Auntie Helen also shared meaningful insight on what her childhood was like and how close she was with her neighbours. She could pop over to her neighbour's house when her parents were not at home. On the other hand, we do not even know our neighbours' names!

Talking with Auntie Helen really opened our eyes to a generation we had been ignoring. We regret not asking our own grandparents for their stories. Luckily, we are inspired and motivated to know about them because of Auntie Helen who reminds us of our own grandmothers.

