



PROFESSIONAL PROGRAMMES

Advanced Primary Care for Homebound Elders - Principles and Practices for Service Leaders

Introduction

Singapore is facing an unprecedented rate of population ageing. Despite improvements in population health over the years, the absolute number of frail elders who need long-term care is growing. The waiting time for nursing facilities and sheltered housing is long. Most Singaporeans also prefer to age at home, thus driving up the demand for trained health personnel who can support them appropriately and effectively.

Team-managed home-based primary care addresses the entire bio-psycho-social needs of the elders using primary care principles and care management processes. The multidisciplinary team approach is core to effective care for the home-bound elders.

This course imparts participants the fundamental knowledge to designing and planning for a home-bound primary care programme

Who should Attend

The content is suitable for and beneficial to doctors, nurses, social workers, therapists, clinical psychologists and counsellors and other management professionals who are in leadership positions with prior experience working in health care settings.

Course Objectives

An introduction to the arena of primary care for homebound elders with a view towards long-term sustainable care at home.

Course Outline

1. Pre-course Work - Self-introduction, Reflections and Questions
2. Basics of Health Planning
3. Health Teams and Health Leadership
4. A Methodology for Person-centred Care
5. Social Dimensions of Care and the Care Management Approach
6. Components of Team-managed Home-based Primary Care
7. From Enrolment to Discharge: a Step-by-step Guide
8. Post-course Group Work

Training Methodology

Lectures, case studies, group discussions

Trainers' Profiles

1. Dr Ng Wai Chong
Chief of Clinical Affairs, Tsao Foundation
2. Ms Fong Yoke Hiong
Assistant Director, Nursing, Tsao Foundation
3. Pay Jin Yu
Nurse Educator/Clinician, Tsao Foundation
4. Jasmine Wong
Senior Social Worker, Tsao Foundation

Course Details

1st Run
Monday to Tuesday
4 to 5 March 2019

2nd Run
Monday to Tuesday
10 to 11 June 2019

Time:
9.00 am to 5.00pm

Venue:
To be confirmed

Fee (Including GST):
\$706.20

Prevailing course fee subsidy at 90% for Singaporeans/PRs and 45% for foreign staff working in eligible community care organisations.

Enquiries and Registration:

Call: 6593 9558

Please register for the course via AIC Learning Management System (LMS) at the following URL:

<https://lms.aic-learn.sg/lms/app/>

For those without access to AIC LMS, please contact Hua Mei Training Academy at hmta@tsaofoundation.org

For more on HMTA:

<https://tsaofoundation.org/what-we-do/training-educations/about-hmta>

For more on our training calendar:

<https://tsaofoundation.org/events>

About Hua Mei Training Academy

HMTA is a dedicated provider of training in person-centred multidisciplinary eldercare to support healthy ageing over the life stages.

Its courses for professionals and new market entrants and its consultancy services meet an urgent need for capacity-building in the eldercare sector. It also provides training to family and informal caregivers to empower ageing in place.

Known for its practitioner-to-practitioner training methodology and signature courses in team-managed primary healthcare, HMTA transmits the expertise of the Tsao Foundation, which has been providing quality integrated bio-psycho-social healthcare to older persons in the community since 1993.

Tsao Foundation's training services started in 1995. To advance opportunities in longevity, it also offers a range of courses through the Learning Room at its Community for Successful Ageing (ComSA).