Current estimates are that 28,000 adults over the age of 60 and older have dementia in Singapore. This figure is expected to rise to 80,000 people by 2030, greatly taxing the health care system and population. While research is examining ways to prevent or slow the progression of dementia; to date there is no cure for Alzheimer’s disease and related conditions. Singaporeans suffering with dementia need specialized approaches to their care needs. Until there is a cure, professional care staff will need to know the best ways to provide safe and meaningful care along the dementia progression for persons with dementia at home.

This one-day course will identify integrated care management strategies of older adults using dementia care paths. Concerns and key issues confronting professionals and the family will be discussed throughout the stages.

Objectives

- Differentiate key aspects of care for the person in the early, mid, advanced and end-of-life stages of dementia
- Identify best practices to preserve personhood in the person with dementia
- Explain behavioral challenges presented by persons with dementia and how best to address them
- Present education and support needed for the older adult with dementia and family members
- Clarify long-term planning needs and comfort care approaches in the care of the older adult with dementia

Who Should Attend

Specifically applicable for doctors, nurses, case managers and allied healthcare workers who work with older adults with dementia living in home-based setting.

Course Information

Date: 22 September 2014
Time: 8.30am to 4.00pm
Venue: Tsao Foundation Training Room (298 Tiong Bahru Road #15-01 Central Plaza Singapore 168730)
Fees: S$160.50 (inclusive GST)

Register by 12 September 2014

With limited seats of 40 participants only, please register now to avoid disappointment! Do email us the registration form if you wish to register for the course.

Enquiries: Please contact Ms Juay Lim
Email: hmmc@tsaofoundation.org Tel: 6593 9565

Who Should Attend

Specifically applicable for doctors, nurses, case managers and allied healthcare workers who work with older adults with dementia living in home-based setting.

About the Speaker:
Carol O. Long, PhD, RN, FPCN

Dr. Long is a known expert in geriatric palliative and community-based health care. Dr. Long has been a registered nurse for 40 years holding various staff, management, education, and consultant positions. She has numerous articles, book chapters, abstracts, and monographs related to home health care, end-of-life, pain management, and palliative care for advanced dementia. Dr. Long is the editor on various advanced dementia training and professional materials and is presently working with the New York City Alzheimer’s Association on the Palliative Care for Advanced Dementia project as a researcher and educator for this 3-year grant. In addition, she has presented community-based gerontology nursing practice, end-of-life, palliative care, and dementia education nationally and internationally throughout the Middle East, Southeast Asia, Australia, and Latin America.

Dr. Long is an ELNEC (End of Life Nursing Education Consortium) Geriatric and Core trainer. She has received numerous awards including the Distinguished ELNEC Trainer award from the City of Hope. Dr. Long is a Fellow in Palliative Care Nursing with the Hospice and Palliative Nurses Association and Transcultural Nursing Scholar with the Transcultural Nursing Society. She holds a B.S.N. from Marquette University, M.S. from the University of Michigan, and Ph.D. from Arizona State University where she is adjunct faculty.

About Hua Mei Training Academy (HMTA)

HMTA, an initiative of the Tsao Foundation, is a dedicated provider of training in community-based aged care. It builds capacity in the professional as well informal aged care sectors, empowering individuals with the skills to provide care for others and themselves so as to actualize the opportunities in longevity. Our practitioner-driven training, education, and consultancy services are backed by the Hua Mei Centre for Successful Ageing’s 20 years of community-based eldercare expertise, and the research insight of the International Longevity Centre – Singapore.

HMTA was first appointed as the Continuing Education and Training (CET) Centre for the Community and Social Service (Senior Services) Sub Sector by the Singapore Workforce Development Agency (WDA) in 2008, and licensed by the Council for Private Education in 2011.

1 & 2 - Source: Ministry of Health, Singapore (2013). Speech by Minister for Health, Mr Gan Kim Yong, at the 3rd Singapore International Neurocognitive