

**Launch of the Community for Successful Ageing at Whampoa (ComSA@Whampoa), a  
Tsao Foundation Project  
and  
Symposium: “Towards a Community-wide Strategy for Successful Ageing”**

**Speaker Profile**

**Peh Kim Choo**



Peh Kim Choo has more than twenty years of experience in the aged care sector.

Trained as a social worker and counselling therapist and clinical supervisor, she has worked in team-managed primary care, home-based health and psychosocial care as well as care management for elders in the community

She is especially interested in advancing psychological intervention for health and self-actualisation among older persons.

Applying her experience to training and its management, Kim Choo headed the Tsao Foundation's then Hua Mei Training Centre in earlier years.

Currently, she is the Director of Hua Mei Centre for Successful Ageing, the Foundation's collective of seven pioneering aged care programmes designed to enable good health and wellbeing over the life course and support ageing in place.

She is also the project leader for the Community for Successful Ageing (ComSA) at Whampoa, coordinating the project's progress within the Foundation and with its external partners.