

## Public Symposium, “Person-Centred Dementia Care” Organised by Hua Mei Centre for Successful Ageing (HMCSA)

Date: 9th April 2014

Time: 8.30am -1.00 pm

Venue: Lee Kong Chian Auditorium, YMCA @ One Orchard, One Orchard Road, S(238824)

Free admission

RSVP: by 1 April 2014

### PROGRAMME

#### Programme

Time	Activity
8.30am	Registration
9.00am	<i>Welcome address</i> Ms Peh Kim Choo, Director, Hua Mei Centre for Successful Ageing, Tsao Foundation, Singapore
9.10am	<i>ADA Art and Dementia Programme</i> Mrs Theresa Lee, Executive Director, Alzheimer’s Disease Association, Singapore and Dr Donald Yeo, Member, Person Centred Care Steering Committee, Alzheimer’s Disease Association, Singapore
9.30am	<i>Spark of Life (I)</i> Ms Jane Verity, Founder and CEO, Dementia Care Australia
10.30am	Tea break
10.45am	<i>Spark of Life (II)</i> Ms Jane Verity, Founder and CEO, Dementia Care Australia
12.30pm	<i>Panel Discussion and Q&amp;A with -</i> Ms Jane Verity, Ms Theresa Lee, Dr Donald Yeo, Ms Peh Kim Choo
1.00 pm	End of programme

**\*Programme is subject to change without prior notice**

**\*\* Seating priority given to those who have pre-registered**

## Public Symposium, “Person-Centred Dementia Care”

### **Guest Speakers**

#### **Ms Jane Verity, Founder and CEO, Dementia Care Australia**

Ms Verity is a leading international authority on dementia care. She is especially known for having developed *Spark of Life*, a systematic approach that has shown profound and long-lasting impact on persons living with dementia. Its gentle, practical ways to human relationships and communication has enabled them to thrive emotionally and socially, and brought relief and joy to their caregivers. *Spark of Life* is a practical implementation of the principles of person centred care and the Eden Alternative.

#### **Ms Theresa Lee, Executive Director, Alzheimer’s Disease Association (ADA), Singapore**

A social worker by profession, Ms Lee has been in the social service field for more than 30 years. Her interests are in the field of elderly and disability. Prior to joining the ADA, she was with the then Singapore Council of Social Service and the National University of Singapore.

#### **Dr Donald Yeo, Member, Person Centred Care Steering Committee, Alzheimer's Disease Association (ADA), Singapore**

Dr YEO, who volunteers at ADA, is a certified trainer for Mental Health First Aid (Singapore). He is a Clinical Neuropsychologist with a special interest in the psychological aspects of ageing and dementia. From his academic education, clinical practice, research and teaching experience in Singapore, Melbourne and Nottingham, he has acquired professional expertise in the neuropsychological evaluation of patients with neurological disorders and psycho-educational support for their family caregivers.

### **Guest Panellist**

#### **Ms Peh Kim Choo, Director, Hua Mei Centre for Successful Ageing, Tsao Foundation, Singapore**

Ms Peh trained in social work and is a certified counsellor and trainer. At Tsao Foundation, she supports a multidisciplinary team of medical and psycho-social healthcare professionals to deliver community-based, integrated healthcare to optimise the potential of older persons and enable them to age in place.

#### **About Hua Mei Centre for Successful Ageing**

The Hua Mei Centre for Successful Ageing (HMCSA) is a one-stop, first-stop primary healthcare provider for community-dwelling adults aged 40 years and above.

Delivering team-managed medical, social, and psycho-emotional care across the life stages, HMCSA is an integrated collective of various community aged care service models that we have pioneered in Singapore since 1993. Our practice of person-centred, holistic healthcare is aimed at enabling individuals to age in place and optimise their health and well-being across the life course.

HMCSA is an initiative of the Tsao Foundation, a non-profit organisation that strives for a transformation of the ageing experience by being a catalyst for mindset and systemic change.

For further information, please visit [www.tsaofoundation.org](http://www.tsaofoundation.org)