



# PROFESSIONAL PROGRAMMES

## Clinical Dementia Care\*

\*In Collaboration with Alzheimer's Disease Association (ADA)

### Introduction

As persons with dementia increase over the years, healthcare and intermediate & long-term care workers will face a challenge in correctly assessing them and at the same time, there is also a need for more staff to be equipped with the skillsets to do so.

This course aims to provide guidance on the types of skills and behaviours that the care staff in the health and community care sector who have direct contact with persons with dementia and their caregivers need in order to cater to their bio-psycho-social needs. This course is also beneficial to the direct professional care staff in supervisory and guiding role; and influence workplace and/or processes.

### Who should Attend

1. Professional caregivers in the health and community care sector.
2. Supervisors who are in the position to influence the workplace processes.

### Course Objectives

1. Understand the bio-psycho-social needs of persons with dementia living in the community, both in the immediate as well as long term.
2. Apply a care management approach to work up and work through a person with dementia and his or her care situation.
3. Apply a team-based approach to optimize the well-being of a person with dementia and his or her caregiver.
4. Apply a person-centred approach in managing challenging behaviours and preventing challenging situations

### Training Methodology

Lectures, case studies, group discussions

### Trainers' Profiles

- Dr Ng Wai Chong  
Chief of Clinical Affairs, Tsao Foundation
- Jasmine Wong  
Senior Social Worker, Tsao Foundation
- Wang Jing  
Assistant Director, Counselling & Social Work Practice, Tsao Foundation
- Cinthia Lim  
Senior Staff Nurse, Hua Mei Mobile Clinic, Tsao Foundation
- Koh Hwan Jing  
Head of Academy, Alzheimer's Disease Association (ADA)
- Cai Suqi  
Assistant Manager, Alzheimer's Disease Association (ADA)

## Course Details

19 to 27 August 2019

Refer to next page for module dates

### Time:

9.00 am to 12.00 pm (for half day modules)  
9.00 am to 5.00 pm (for full day modules)

### Venue:

To be confirmed

### Full Course Fees (Including GST):

\$1,391.00

Prevailing course fee subsidy at 90% for Singaporeans/PRs and 45% for foreign staff working in eligible community care organisations.

### Enquiries and Registration:

Call: 6593 9558

Please register for the course via AIC Learning Management System (LMS) at the following URL:

<https://lms.aic-learn.sg/lms/app/>

For those without access to AIC LMS, please contact Hua Mei Training Academy at [hmta@tsaofoundation.org](mailto:hmta@tsaofoundation.org)

### For more on HMTA:

<https://tsaofoundation.org/what-we-do/training-educations/about-hmta>

### For more on our training calendar:

<https://tsaofoundation.org/events>

### About Hua Mei Training Academy

HMTA is a dedicated provider of training in person-centred multidisciplinary eldercare to support healthy ageing over the life stages.

Its courses for professionals and new market entrants and its consultancy services meet an urgent need for capacity-building in the eldercare sector. It also provides training to family and informal caregivers to empower ageing in place.

Known for its practitioner-to-practitioner training methodology and signature courses in team-managed primary healthcare, HMTA transmits the expertise of the Tsao Foundation, which has been providing quality integrated bio-psycho-social healthcare to older persons in the community since 1993.

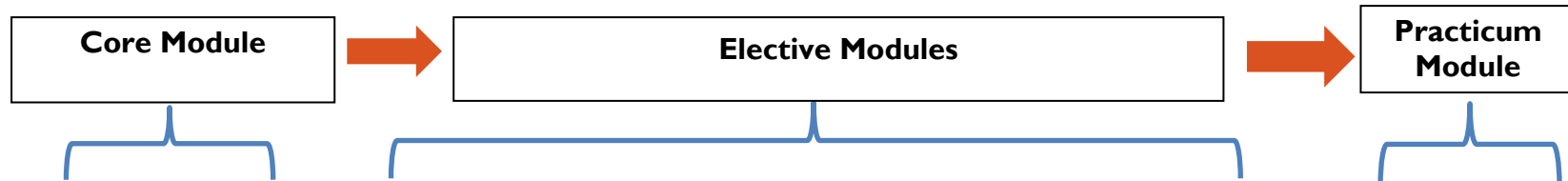
Tsao Foundation's training services started in 1995. To advance opportunities in longevity, it also offers a range of courses through the Learning Room at its Community for Successful Ageing (ComSA).

# Clinical Dementia Care Course Modules



**\*Course Module Details**  
 (Modular courses are available for registration, please call Hua Mei Training Academy for more information.)

- Participants are required to complete the core module prior to embarking on the elective modules.
- Participants have up to 2 runs to complete the Elective Modules.
- Practicum modules are to be done only after completion of Core and Elective Modules.
- Participants will be awarded an e-certificate of completion for completing each module.



Modules*	CDC (Basic)	CDC (Intermediate I)	CDC (Intermediate II)	CDC (Intermediate III)	CDC (Intermediate IV)
<b>Course Outline</b>	<ul style="list-style-type: none"> <li>• Introduction to Dementia; Diagnosis, Staging, Prognosis, and Treatment</li> <li>• Dementia Services in Singapore</li> <li>• Person-Centred Principles in Dementia Care</li> </ul>	<ul style="list-style-type: none"> <li>• Cognitive Screening, Care Assessment, Case Conception and Case Planning in Dementia care</li> <li>• Challenging Behaviour, their causes, their Dissolution and the way to their Discussion</li> </ul>	<ul style="list-style-type: none"> <li>• Designing Activities for Persons with Dementia</li> <li>• Caregiving and Long Term Care at Home</li> </ul>	<ul style="list-style-type: none"> <li>• Ethics and Laws in Dementia Care</li> </ul>	<ul style="list-style-type: none"> <li>• 4 Case studies</li> <li>• 1/2 half day attachment</li> <li>• Summary Exercise: Reflection, Internalisation and Action</li> </ul>
<b>Duration</b>	1 day	1 day	1 day	0.5 Day	1.5 Days
<b>Dates</b>	19 August (Monday)	20 August (Tuesday)	21 August (Wednesday)	26 (AM) August (Monday)	26 (PM) to 27 August (Monday to Tuesday)
<b>Module Fees (Including GST)</b>	\$267.50	\$267.50	\$267.50	\$160.50	\$428.00