

Effective Caregiving for the Elderly with Dementia for Foreign Domestic Workers (FDW)

To promote awareness and understanding of dementia, since 1995, Tsao Foundation and HMTA have created public education campaigns and developed training programmes targeted at health professionals and caregivers. Caring for an older person with dementia is a challenging task hence it is vital to educate and train caregivers and Foreign Domestic Workers (FDWs) involved.

This interactive workshop aims to provide an introduction on some of the fundamental issues of aged care and dementia to FDWs and domestic helpers. Through this course, participants will learn the basic skills and knowledge to manage the day-to-day care of a person living with dementia.

Who should attend

Domestic helpers who are living with, and caring for, elderly with dementia who require assistance with their activities of daily living (ADL), such as showering, dressing and personal hygiene.

Course outline

- Understanding dementia (1hr)
- Effective communication (1hr)
- Managing difficult behaviours (1hr)
- Manage caregiver stress (1hr 30min)
- The ABC approach to managing difficult behaviour (1hr 30min)
- Activities for persons with dementia (1hr)

* This course is also approved for the Foreign Domestic Worker Grant administered by the Agency for Integrated Care (AIC). Please refer to the Silver Pages website at for more details.

About Hua Mei Training Academy

Tsao Foundation set up Hua Mei Training Academy (HMTA) in 1995 with the aim to promote successful ageing, provide education and skills development in elder care, and foster inter-generational understanding and relationships.

It pursues its mission through its continuous effort to develop and provide a portfolio of trainings in successful ageing. It is the first Continuing Education and Training (CET) Centre in Community and Social Services (Senior Services) sub-sector under the Ministry of Manpower's Workforce Development Agency (WDA). Our approach has always been "by practitioners for practitioners" and "by practitioners for individuals and community" to support positive ageing in the community. HMTA pursues its mission through its continuous effort to develop and provide a portfolio of courses on successful ageing. We are the first Continuing Education and Training (CET) in Community and Social Services (Senior Services) sub-sector under the Ministry of Manpower's Workforce Development Agency (WDA). Our approach has always been "by practitioners for practitioners" and "by practitioners for individuals and community" to support positive ageing in the community.

Course details

Title:

Effective Care giving for the Elderly with Dementia for Foreign Domestic Workers (FDW)

Date: To be confirmed

Duration: 7 hours

Fee:

(Before CTG*)
\$140.00 (Inclusive of GST)

(After CTG)
\$10 (Subject to eligibility and the remaining amount of the care recipient's CTG which is capped at \$200 per year)

Venue:

TBA

Registration:

To register, please contact:

Fabian at 6593 9547,
fabianchong@tsaofoundation.org

***About CTG**

CTG, or Caregiver Training Grant, is a training fee subsidy administered by the Agency for Integrated Care (AIC). An amount of S\$200 is given out in the form of training fee subsidy for caregivers for each financial year. Care recipients must be Singaporeans or Permanent Residents above the age of 65 or have a disability (as certified by a Singapore-registered doctor). FDWs who are main caregivers of elderly care recipients are entitled to this grant as well.

To find out more, go to
www.aic.sg/CaregiversTrainingGrant/