

## Certificate in Community Gerontological Nursing – 3<sup>rd</sup> Intake

### Overview

The Certificate in Community Gerontological Nursing, offered by the Hua Mei Training Academy of Tsao Foundation, is to enable practicing state registered nurses to provide cutting edge primary healthcare to community-dwelling elders from a holistic, person-centred approach, in a fluid environment of variable health and psycho-social conditions.

Uniquely, the course is developed and taught by practitioners for practitioners, drawing on the two decades of expertise in community gerontological nursing developed at the Hua Mei Centre for Successful Ageing to promote ageing in place.

The Certificate in Community Gerontological Nursing course is accredited by the Singapore Nursing Board.

### Course Objectives

The Community Gerontological Nursing Course enables the nurse to work independently in a holistic and systemic approach to give critical support towards the primary care and long-term care of frail elders living in the community by imparting the skills to:

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| <ul style="list-style-type: none"> <li>• Conduct holistic nursing needs assessment of older adults</li> </ul>  | <ul style="list-style-type: none"> <li>• Provide person-centred caregiver support through knowledge and skills transfer in care of the frail elders</li> </ul>  |
| <ul style="list-style-type: none"> <li>• Apply critical thinking in appraising and problem-solving as regards needs assessment and care planning</li> </ul>  | <ul style="list-style-type: none"> <li>• Apply medical, nursing and social knowledge and skills to manage common acute and chronic medical and complex situations with the intertwining social and functional needs affecting the older adults</li> </ul> |
| <ul style="list-style-type: none"> <li>• Identify nursing care foci</li> </ul>   | <ul style="list-style-type: none"> <li>• Respond effectively to acute calls or situations as the first line of triage by deciphering and referring to the physician-in-charge in a timely and appropriate manner</li> </ul>                               |
| <ul style="list-style-type: none"> <li>• Formulate workable nursing care plans with the frail elders and support the implementation of their medical care plans under the direction of a physician</li> </ul>      | <ul style="list-style-type: none"> <li>• Promote the quality of life of community-dwelling frail elders, even at terminal state</li> </ul>  |
| <ul style="list-style-type: none"> <li>• Effectively execute formulated care plans either independently or in a coordinated effort with other professional and informal care providers in the community</li> </ul> | <ul style="list-style-type: none"> <li>• Improve in knowledge and skills required to participate in end-of-life care for frail elders</li> </ul>  |
| <ul style="list-style-type: none"> <li>• Assess, educate, and supervise family and other semi-skilled caregivers in nursing care for older adults</li> </ul>   | <ul style="list-style-type: none"> <li>• Advocate on behalf of the elders for their needs to be met</li> </ul>  |

### Methodology

Classes will be conducted twice a week over 6 months (280 hours) for the full certificate course. Training is practice-based, experiential and interactive. Case studies, role play and field visits will feature prominently in the teaching methodology.

## Course Curriculum

With the aim to enable independence in critical thinking and skill application, the curriculum consists of 9 modules as follows:

CGN-3-T1-01 Gerontological nursing in the community I	CGN-3-T2-06 Gerontological nursing in the community III
CGN-3-T1-04 Gerontological nursing in the community II	CGN-3-T2-07 Geriatric rehabilitation in the community
CGN-3-T1-02 Psycho-social perspective of gerontology	CGN-3-T2-08 Geriatric home healthcare
CGN-3-T1-05 Case management in the community	CGN-3-T2-09 Geriatric palliative care in the community
CGN-3-T1-03 Comprehensive geriatric assessment, physical assessment and reporting findings	CGN-3-FP-10 Final Project : Care Plan Report

## Assessment and Examination

The Certificate in Community Gerontological Nursing, accredited by the Singapore Nursing Board, will be awarded to participants who meet the standards set. Progressive evaluation with feedback on performance will be conducted throughout the course.

The assessment comprises examinations – 40%; assignments (case studies) – 30%; and practicum (medical physical examination) – 30%.

An attendance of 80% during the course is required.

## Admission Criteria

Application for enrolment in the Certificate in Community Gerontological Nursing Course is open to practising state registered nurses who:

- are aged 21 years above
- possess a valid SNB licence
- have 2 years of professional experience
- currently working or intend to work with elders living at home, or in their transitional care and care planning

## Dates and Schedule

Course Start Date : 11 October 2014

Course End Date : 25 April 2015

Schedule : Wednesdays and Saturdays

Time : 9.00am to 6.00pm

Application closing date : 6 October 2014

Shortlisted applicants will be requested to attend an interview.

## Course Fees

Full Certificate Course Fee: \$4,800 (subject to 7% GST)

Fee per Module for non-certificate participation: \$520 (subject to 7% GST)

## Subsidies Available

- The Singapore Workforce Development Agency (WDA) provides Course Fee Funding and Absentee Payroll Funding for eligible Singaporean Citizens and Permanent Resident nurses. Course fee is supported at 50% of the course fee, capped at \$15 per training hour; and Absentee Payroll at 80% of hourly basic salary, capped at \$4.50 per training hour. The course fee payable after WDA funding is \$2736 (inclusive of 7% GST). Small and Medium Enterprises (SMEs) are eligible for enhanced funding.
- AIC Learning Institute is subsidising foreign nurses working in VWOs in the ILTC sector and Private Nursing Homes with portable subsidies only. Fee payable after subsidy from AIC is \$2,832.29 (inclusive of 7% GST).
- All subsidies are subject to terms and conditions from AIC and WDA.



*A Tsao Foundation Initiative*

For more information on the Certificate in Community Gerontological Nursing, please contact:  
Lee Li Sim at [leelisim@tsaofoundation.org](mailto:leelisim@tsaofoundation.org) or Tel: 6593 9548

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