

<u>Advanced Primary Care for Home-Bound Elders -</u> <u>The Practice for Teams</u>

Singapore is facing an unprecedented rate of population ageing. Despite improvements in population health over the years, the absolute number of frail elders who need long-term care is growing. The waiting time for nursing facilities and sheltered housing is long. Most Singaporeans also prefer to age at home, thus driving up the demand for trained health personnel who can support them appropriately and effectively.

Team-managed home-based primary care addresses the entire bio-psychosocial needs of the elders using primary care principles and care management processes. The multidisciplinary team approach is core to effective care for the home-bound elders.

This course will guide the clinician-participants to build and develop the team in which they function. Important team processes such as inter-disciplinary communication, care planning, routine clinical discussions and family conference are highlights.

Who should Attend

Clinical Professionals with at least 2 years of clinical work experience.

Learning Outcomes

- I. Apply the basics of the Care Management Approach. This includes:
 - a. comprehensive needs assessment at home
 - b. a method to work through a complex clinical case
 - c. a method to systematically develop a practical and person-centred care plan
- 2. Know the basis of effective communication with elders
- 3. Practise the techniques to conduct an effective interdisciplinary group discussion

4. Define the ingredients that go into conducting an effective family conference

5. Use a framework to develop and build a health team

Course Outline

- I. Care management approach
- 2. Individual and group communication with the older persons, family care partners and other clinical professionals
- 3. Comprehensive needs assessment
- 4. Care planning as a team
- 5. Building a heath team

Course Details

Title:

Advanced Primary Care for Home-Bound Elders – The Practice for Teams

Date: 24^{th} to 26^{th} June 2015, 2^{nd} to 3^{rd} July 2015

Duration: 5 days

Time: 9:00 am to 5:00 pm

Fee:

S\$2,093.99 (inc. GST) for Non-ILTC sector

With training subsidies by AIC Learning Institute, course fee for participants from healthcare VWOs and private nursing homes with portable subsidies under Ministry of Health is as follows:

\$216.14 (inc. GST) for Singaporeans / Singapore PRs

\$1,155.07 (inc. GST) for non-Singaporeans / non-Singapore PRs

Venue:

Lifelong Learning Institute, Training Rm 2-1 11 Eunos Road 8, Level 2 Singapore 408601

Registration:

To register, please contact:

Fabian at 6593 9547, fabianchong@tsaofoundation.org or Click here to register